

Appendix F. Household Exposure Examples

Quarantine Length for Household Contacts in DAYCARE with Continuous Exposure

Jo and Sam are siblings under the age of two and unvaccinated. They both attend Happy Kids Daycare. Jo tested positive for COVID-19 on 1/17. Jo does *not* have symptoms. Sam tested negative for COVID-19 on 1/17 and does *not* have symptoms.

When can Jo return to daycare? Jo should isolate for 10 days. Jo can return on 1/28.

When can Sam return to daycare? Sam is continuously exposed to Jo from 1/15 through 1/22. Sam's quarantine begins on Day 6 of Jo's isolation period. Sam should quarantine for 10 days. Sam can return on 2/2.

1/9	1/10	1/11	1/12	1/13	1/14	1/15 Jo is infectious & exposes Sam to COVID-19.
1/16	1/17 Jo tests Positive for COVID-19. Day 0 of Jo's Isolation.	1/18 Jo & Sam stay home. Day 1 of Jo's Isolation.	1/19 Jo & Sam stay home. Day 2 of Jo's Isolation.	1/20 Jo & Sam stay home. Sam should get tested.* Day 3 of Jo's Isolation.	1/21 Jo & Sam stay home. Day 4 of Jo's Isolation.	1/22 Jo & Sam stay home. Day 5 of Jo's Isolation & Day 0 of Sam's Quarantine.
1/23 Jo & Sam stay home. Day 6 of Jo's Isolation & Day 1 of Sam's Quarantine.	1/24 Jo & Sam stay home. Day 7 of Jo's Isolation & Day 2 of Sam's Quarantine.	1/25 Jo & Sam stay home. Day 8 of Jo's Isolation & Day 3 of Sam's Quarantine.	1/26 Jo & Sam stay home. Day 9 of Jo's Isolation & Day 4 of Sam's Quarantine.	1/27 Jo & Sam stay home. Day 10 of Jo's Isolation & Day 5 of Sam's Quarantine. Sam should get tested again.*	1/28 Jo may return to daycare. Sam stays home. Day 6 of Sam's quarantine.	1/29 Sam stays home. Day 7 of Sam's quarantine.
1/30 Sam stays home. This is Day 8 of Sam's quarantine.	1/31 Sam stays home. This is Day 9 of Sam's quarantine.	2/1 Sam stays home. This is Day 10 of Sam's quarantine.	2/2 Sam may return to daycare.	2/3	Color Key: Jo is Infectious & exposes Sam to COVID-19 Sam should get a test Jo can return to daycare Sam can return to daycare	

***Even if all of Sam's tests are negative, best practice is for Sam to stay home from daycare until 2/2.**